

A TABLE OF THE ATIGLES

which every Point & Quarter Point of the Compass makes with the Meridian.

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NORIE'S NAUTICAL TABLES

WITH EXPLANATIONS OF THEIR USE

EDITED BY
CAPTAIN F. N. HOPKINS

IMRAY LAURIE NORIE AND WILSON LTD
SAINT IVES, HUNTINGDON
1973

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BRISTOL

VISITORS MAP AND CTITOE

ST. HELENA

SHIPPING CO. LTD.



RESERVATIONS AND FARE. Accommodation cannot be definitely held until 10%, or more, of the full fare is received. The balance is payable not later than 42 days before sailing.

CANCELLATION CHARGES. If your passage has to be cancelled we must know as soon as possible in writing. There is a scale of cancellation charges which can be covered by a special Holiday Travel Insurance which is **not included in your fare**.

TO HELP YOU, our Voyage Information booklet is available to passengers.

EMBARKATION. Passengers are required to make their own arrangements to reach the port of embarkation. About a month before the sailing date you will be sent baggage labels and joining instructions.

PASSPORTS. All passengers must hold a valid passport and it is your responsibility to check whether you have the requisite (if required) visas.

BAGGAGE ALLOWANCE is 2 cubic metres or 500 kilos per adult—there is a scale of excess baggage charges. Baggage is defined as personal effects and not household furniture. We can accept accompanied cars between UK and RSA dependent on the commitment to carrying the Islands' cargo.

SPENDING MONEY. Sterling or Travellers Cheques may be used on board, but personal cheques cannot be accepted. We regret that the era of Credit Cards has not embraced us yet. Foreign currencies can be exchanged but only at the sole discretion of the Purser.

SPECIAL FOOD. If you require a particular Diet please let us know well in advance, otherwise it may not be readily available on board. Baby Food is supplied free of charge but please let us know your requirements, also in advance.

CHILDREN are part of any community, even sea-going ones. We cannot be responsible for them, but the ship has an indoor play area with adequate facilities. Their meal times are set before the Single Sitting for adults. Children under sixteen must be in the care of a parent, legal guardian or other adult passenger. In the latter case we require written authority.

MEDICAL ATTENTION. In case such is needed, ST. HELENA carries a British doctor. A charge is made for consultations, treatment, drugs and medicines because the ship is outside the scope of the British National Health Service.

EMBARKATION PORT CHARGES levied by ports' authorities may be payable at the time of embarkation.

NO V.A.T. is added to your fare or on-board purchases.

SHIP'S SHOP. There is a modest shop on board for day-to-day requirements but it is not of a duty-free supermarket size.

SHORE VISITS are part of the voyage's pleasure and we will arrange these whenever and as extensively as it is operationally possible.

CONDITIONS OF CARRIAGE to which passengers are subject are available, and are on your passenger ticket.

THE INFORMATION ABOVE REPRESENTS CURNOW SHIPPING'S PLANS AND INTENTIONS AND IS SUBJECT TO ALTERATION WITH OR WITHOUT NOTICE.

CURNOW SHIPPING COMPANY LIMITED, The Shipyard, Porthleven, Helston, UK.

Managing Agents, Passenger Booking Control CURNOW SHIPPING LIMITED, The Shipyard, Porthleven, Helston, UK. Telephone: (032 65) 63434. Telex: 45654.

V.A.T. number: 133-2076-07

AVONMOUTH Port Agents, UK Cargo Loading Brokers

F. A. Ashmead & Son Ltd.

30 Meadow Street, Avonmouth, Bristol. Telephone: (0272) 825160. Telex: 44265.

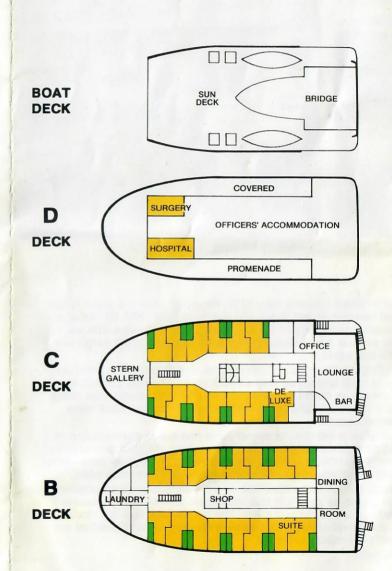
TENERIFE: Southern Agencies Ltd., La Marina, 5–7 Santa Cruz de Tenerife. Telephone: 247 497/8. Telex: 92574 (SOTH) E.

ASCENSION: Cable and Wireless Ltd.

ST. HELENA: Solomon and Co. (St. Helena) Ltd. Telex: 204.

General Agents (Passengers and Cargo) for RSA St. Helena Line (Pty) Ltd., 6th Floor, B.P. Centre, Thibault Square, Cape Town, S.A. Telephone: 021–251165. Telex: 57–21192

ST. THE CO. LTD.





RMS ST. HELENA

Built as NORTHLAND PRINCE by Burrard Dry Dock Co. Ltd., Vancouver for British Colombia coastal trade.

Tonnage: Gross: 3,150. Net: 1,892. Deadweight: 1,490.

Dimensions: Length overall: 329ft. Beam: 48ft. Draft: 15ft 6in.

Cargo Capacity: 135,000 cubic feet plus reefer space.

Main Engine: 4,200 bph Stork Werkspoor diesel.

Service Speed: 14 knots.

Passengers: 76 in combination of single bedded, twin bedded, three and four berthed cabins.

Classed with American Bureau of Shipping.

British registered, insured, officered and crewed.

Refitted and modernised by Vosper Shiprepairers Ltd., Southampton, 1978.

Named by H.R.H. Princess Margaret, August 1978.

Chartered to British Ministry of Defence for Falklands support operations, 1982–83.

Reconditioned by Falmouth Group Ltd., 1983.



Main Lounge.



Dining Saloon.





ST. HELENA

SHIPPING CO.LTD.

In an age that takes air transport for granted the British Island colony of St. Helena is almost unique. It can only be reached by sea. When the Cape Mail Service ended, after 120 years, in late 1977, St. Helena was faced with a most vital problem. The small community of 6,500 citizens had to have a link with the world. The solution has been to place in service a specialised ship that, carrying their cargo and passengers, maintains St. Helena's link with the world.

Colonised in the seventeenth century by the English East India Company as a replenishment point on their route to India, the Island of St. Helena is best known as Napoleon's place of exile. Except for modern communication systems it is, in a sense, as remote now as it was to the Emperor. Not many people are privileged to have met the friendly islanders who, with their origins from the East India Company days, are great travellers and famous seamen.

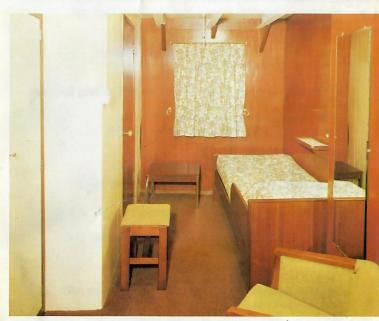
RMS ST. HELENA is the Island's ship. Found after a world-wide search, she has a rare combination of modern passenger accommodation built on to a cargo-carrying hull. She is a working ship; her primary role is to carry cargo cheaply, carefully and efficiently. No hollow world of the wandering cruise liner here—she carries the inter-island passengers (Ascension—St. Helena) and almost everything the islands need.

RMS ST. HELENA is small and straightforward. To make the best use of the hull, the accommodation block is aft; its modern layout gives as much space as possible to a maximum seventy-six passengers. Each air-conditioned cabin has its own shower, wash-basin and toilet. The ship's facilities are simple: a swimming pool, children's play facilities, a modest shop, a self-service laundry, a fully-stocked bar and a paperback library. The aim is for good, uncomplicated food.

ST. HELENA represents sea travel with a purpose.

Four-berth cabin, convertible to two-bedded cabin.





One of the very few single-bedded cabins



your attention is drawn to the conditions of contract inside this ticket

PASSAGE TICKET

PASSENGER'S NAME Mr. W. F. Meson

008923

St. HELENA SHIPPING CO. LTD.,	000000	FORWARD VOYAGE			RETURN VOYAGE				
CURNOW SHIPPING LIMITED, MANAGERS	008923 *	SHIP	T HE	LENA		SHIP ALPIS	ST HE	EMA	
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FOR NETENTION BY PASSENGER

WELCOME ABOARD LEAFLET

THE CAPTAIN AND SHIP'S COMPANY WELCOME YOU ON BOARD AND HOPE THAT YOUR VOYAGE IN RMS ST. HELENA WILL BE AN ENJOYABLE ONE.

OPENING TIMES AT SEA

BUREAU	9-00	to	12 noon	and	4.00 p.m 5.30 p.m.
SHOP	11.00		12 noon	and	4.30 p.m 5.00 p.m.
RADIO ROOM	8.00		12 noon		7000
SURGERY	8.30		9.00	and	4.30 p.m 5.00 p.m.
BAR	11.00	to	1 p.m.	and	6.00 p.m11.30 p.m.
LIBRARY	10-00	to	10.30		

MEAL TIMES

Meal times are shown on your seating card. Morning coffee and beef tea are served at 10.30 a.m. and afternoon tea at 4.00 p.m., in the Stern Gallery.

CASH

Traveller's cheques can be exchanged at the Bureau and private cheques can also be accepted if a recognised Banker's card is produced. It is regretted that credit cards are not negotiable on board.

MAIL

The mailbox is situated by the Bureau and mail will be landed at each port. Stamps and airletters forms are available at the Bureau, postcards of each port and of the ship are on sale at the shop.

LAUNDRETTE

Passengers are advised that there is a passenger laundrette at the aft end of 'B' deck. Washing powder is on sale at the shop.

RADIO FACILITIES

Details of radio facilities, including satellite telephone calls may be found posted on the 'C' deck noticeboard.

TRAVEL & HOTEL ARRANGEMENTS

Remember your nearest travel agent is the Bureau. Any passenger wishing to make onward travel or hotel reservations or to confirm bookings, is advised that this can be arranged at the Bureau.

INFORMATION LEAFLET

Whilst at sea a leaflet will be delivered to your cabin daily, giving information concerning the days events on board. In addition for the ship's officer's information and as a guide of dress to passengers the daily rig is given, and can be explained as follows:-

Red Sea rig - Informal

Sundown rig - Semi-formal, usually worn on Cinema evenings.

Mess dress - Formal

SHOPPING NEWS

Due to lack of space, we are unable to display all our perfumes, toilet waters, aftershaves, skin creams etc. We hope, therefore, that this list will be of assistance if you are wishing to take advantage of our duty free prices at the Shop on B deck.

OH D GOOK!	vancusons 114.19
PERFUMES, TOILET WATERS.ETC.	ONSIGUR GIVENOHY
ARMANI - a new exciting Italian perfume	£17.75
spray deodorant.	€6.50
ANAIS - a very popular toilet water	£10.50
50 ml. E de T Eau de Parfum	£8.25
	£11.95
MA GRIFFE - Eau de Toilette	£8.95
Perfume	£9.50
E de T 100 ml CHANEL 5 Perfume spray	£11.75
CHANEL 5 Perfume spray	£17.75 £20.60
E de T	£14.50
CHANEL COCO Perfume	
	£19.50
MISS DIOR Eau de Toilette	€10.25
Eau de Toilette DIOR POISON	£7.95 £15.00
GIVENCHY Perfume. spray	£25.95
Eau de toilette	£7 . 95
GUCCI Eau de toilette	€9.75
CABOCHARD Perfume	£8.50
Eau de toilette	£7 . 95
CALECHE Perfume	€15.95
Eau de Toilette	£11.95
ARPEGE	€9.95
Eau de Toilette	£7.80
FILGI Perfume	£10.50
Eau de Toilette	£9.50
JOY Perfume	£23.50
Eau de Joy	£21.50
METAL Eau de Toilette	£8.95
(Paco Rabanne)	
CHARLIE	£8.95
FEMME	•
Perfume spray	£13.25 £10.80
LUMIERE Eau de Parfum	£9.50
MYSTERE DE ROCHAS Perfume	£9.95
TIATO NI DEMOGRATION IN A STATE OF THE STATE	
L'AIR DU TEMPS Eau de Toilette Perfume spray	£10.25 £15.30
ODEWA -	
Perfume spray Eau de Toilette	£19.50 £18.95
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Eau de Toilette	£11.25 £7.75
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22021 2310 0310 13102	Extreme	£7.95	AMAIS
GRES POUR HOMME	ale E do T	£4.95	
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COSMETICS	Office of the second se		
Oil of Ulay		€2.95	
LANCOME Eye Shade	DW seesessessessessessessessessessessesses	£3.50	
ELIZABETH ARDEN BOI	DY CARE Moisture Cream	£7.50	
£19.50	Visible Difference Night Cream	€6.40	
	Transparent Powder Compact	£4.95	T BRTH
	Lipstick	€2.95	
17.95	Blusher	£4.25	
	Eye Shadow	€2.85	
	Mascara	€3.95	
67.95	Nail Polish	€2.25	
69,75	Cleanser	€3.95	
	Skin Tonic	£5.25	
	Eye Make-up Remover	£3.25	
56.23	Blue Grass Hand Lotion	€2.30	
615.95	Velva Moisture	£4.25	HOS IVE
SUNTAN PREPARATION	5 ' ' ' ' ' ' ' ' ' ' ' ' ' ' ' ' ' ' '		
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	oprevent sunburn	€1.50	
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		(ennede)	
We also carry a ra	nge of first aid items and hairspray, conditioner,	shampoo,	ET.ISTAHO

toothpaste, shaving accessories etc.

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R.M.S. St. Helena UK-St. Helena-Ascension Island-South Africa



ST. HELENA GENERAL REVENUE RECEIPT-DEPARTMENTAL

Date 25 Sept 1936.	No. c 117176
Date 25 Sept 1936. Received from M.T. Willerd Mason	
the sum of Three	
No:	pence
on account of Landing Fee-	£3:00
	Signature of receiving officer



ST. HELEHA 26 SEPT 86

20 HOUSE?



DRS. FIT MASON 570 SOUTH EDEN CIPCLE

USA

SULVAYUALE CA 94086

©copyright 1979 by Bryn Campbell

Jamestown — main street.

Island of St. Helena

TO

"WELLINGTON HOUSE".

We have much pleasure in having you as our Guest and sincerely hope you will relax and feel completely "at home from home" !

Our tariff, inclusive of meals, is £ 18.00 per person per day.

Meal times are:-

Breakfast = 8 a.m. Lunch = 1 p.m. Dinner = 7 p.m.

Alternative times may be arranged to suit your convenience.

Morning teas/coffees served in bedrooms.

Elevenses and afternoon (4 o'clock) teas/ coffees served in dining room.

For an uninterrupted stay of a month, or more, a Guest will be given a rebate of 5 %.

We would appreciate advanced notice should Guests, at anytime, require packed lunches or additional meals for friends - this would avoid any undue delay in our service to your goodself. However, we will still accept a last-minute call which may possibly result in a short delay.

If required, we can cater for cocktail and other parties.

Guests are kindly requested not to take visitors to their bedrooms without the permission of the Proprietress. This request is made principally in your own interest for the safety of your room and effects and likewise with due regard for the rooms and effects of other Guests which is of equal importance.

We operate a small shop in the basement, which also has a liquor licence, and we hope to be favoured with your custom. If we do not stock your specific requirements you may place your order with our assistants, and we will be only too pleased to obtain it from another source if it is available.

We take this opportunity of wishing you a very pleasant and happy holiday.

MRS. ETHEL YON.

PROPRIETRESS.

Date 25 SEP 1006

MAIN STREET,
JAMESTOWN,
ISLAND OF ST. HELENA,
SOUTH ATLANTIC OCEAN.

P.O. BOX 22. PHONE 529.

Accommodation Cariff and General Information

* Jamestohn *

St. Helena

South Atlantic Ocean

Proprietors

Solomon & Company (St. Helena) Plc

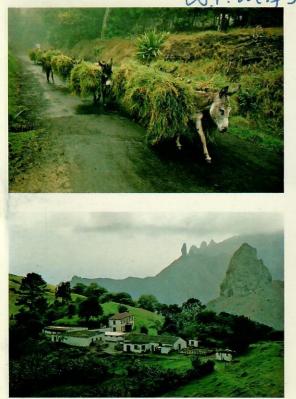
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THE ISLAND OF ST. HELENA SOUTH ATLANTIC

Notes for Visitors and Prospective Residents

Published by the Government of St. Helena

W.F. MASON B6





ST.HELENA



VOL.1. NO.13

10TH OCTOBER 1986

PRICE 5p.



EDITORIAL

Dear Readers,

Turnips, Potatoes, Beans - are of course vegetables, though here on St. Helena those names might not necessarily refer to vegetables, in the same way that 'plo', (pilau), curry and fishcakes, might not necessarily mean dishes.

Though I have not travelled far and my Geography is limited and knowledge of Sociology next to nil, I would like to bet that there's no other place on the globe, but St. Helena, where you will find, amongst some 5,000 people so many 'nick-names'. It is perhaps true to say that every other 'Saint'has a nick-name'; at odd times, some embarrassing situations arise through this being so - usually in cases where the real name is not even known. The fact that there are so many nick-names perhaps indicates just how knit the community really is.

I suggest that most nick-names are derived at during one's years of schooling through things like behavourial patterns, a crave for a particular thing, mis-pronounciation of words etc.; some are 'hand-me-downs' i.e. if Dad's nick-name is 'Sleepy'.....Harry the son might be called 'Harry Sleepy' or 'Sleepy Harry'.

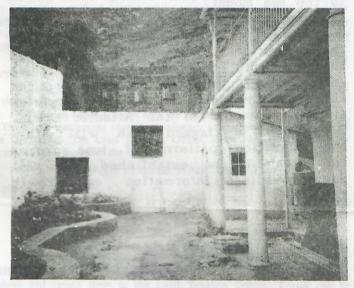
Most nick-names live on, others fade with time and thank God for the latter or else 'yours truly' would be in a Coniferous forest and not in the Information Office at all, unless in the form of a Christmas ornament.

Happy Reading!



RUINS TO BE RENOVATED

To help alleviate the acute shortage of Office accommodation within Government, £18,000 - £20,000 have been allocated to renovate the ruins behind Essex House. Once renovated the building will be able to house at least 13 office workers.



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VOL.1. NO.15

17TH OCTOBER 1986

PRICE 5p.



EDITORIAL

Dear Readers,

I'm not sure that I know how or that I even want to write my final editorial; I will not however shirk my responsibilities even though there be only a few hours left to 4 p.m. when I will relinquish my duties with the St Helena Government as Information Officer/Editor of the 'St Helena News'.

You will doubtless be aware that my successor is to be Miss Pamela Lawrence.



Pamela is currently the Librarian in the Jamestown Public Library; she was formerly a School Teacher. We wish Pamela every success in her new undertaking!

Life as an Information Officer is a funny life really - there's the good which is always interesting, there's the bad which is interesting to some extent and adds to one's experience and there's the light or funny side e.g. going in pursuit of a visiting seal and yes, I'll tell you the story!!!!

Last Friday, on hearing that a wounded seal was possibly recouperating in the vicinity of Banks' (it is most unusual to find a seal around the coastline of

St Helena), boating arrangements were made and a team of Information Staff, equipped with cameras, 'tripped off' to the Wharf. We were joined by the Harbour Master, Snr. Environmental Health Officer and Wharf workers and off we set on our boat trip up the coastline. As we approached Desert Rock which is at the upper end of Banks' we saw what first looked like



a 5' long dog outstretched on the rocks. We ably managed to land and, looking a bit like <u>the</u> 'Anglia Television Team', started filming. From someone standing around came an idea - "fetch the ropes and net and Cont'd. overleaf....

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WILLARD F. MASON P. O. BOX 42691 SAN FRANCISCO, CA 94101

TO ODEN OUT HER

RMS St.Helena

Daily Information Leaflet



VOYAGE 47: NORTHBOUND

MONDAY, 20TH OCTOBER, 1986 GOODMORNING

RIG OF THE DAY

The Captain and Officers will wear white uniform during the day and in the evening, Red Sea rig.

TODAY'S EVENTS	a.m. Vessel departs Jamestown anchorage
2.00 p.m.	WORLD CUP FINAL - WEST GERMANY vs ARGENTINA - video in the Stern Gallery
5.00 p.m.	BBC WORLD SERVICE NEWS BROADCAST relayed in the Lounge (reception conditions permitting)
5.30 p.m.	PASSENGER MUSTER in the Lounge for those passengers who embarked at St. Helena. A short talk will be given on the ship's emergency and safety procedures
9.15 p.m.	*ASCENSION ISLAND, ISLAND OF FIRE! - this is one of the BBC 'WORLD ABOUT US' films made by David Attenborough and gives a very good insight into this rather unique island
cost to get to the	This will be followed by 'ALL I ASK IS A TALL SHIP' about the preparations for the Tall Ships Race in the North Sea.

in hard water facility. Please ensure that mail for landing at Ascension Island is posted before the ship's arrival. Airletters priced 15p and Ascension stamps are available at the Bureau. Postcards of Ascension and the ship are on sale at the Shop.

SURPLUS SUITCASES

Passengers travelling to the United Kingdom who have suitcases surplus to their requirements are asked to put them outside their cabins today, with their name, cabin number and destination. This baggage will be stored and returned shortly before arrival Avonmouth.

ARRIVAL

There is an airmail service between Ascension Island and the United Kingdom. We, therefore, suggest that passengers take advantage of this service by sending a letter or postcard to the friends or relatives expecting them in Avonmouth advising them to keep in contact with our agents who will advise them of our arrival time. We hope that this will save passengers any undue concern in connection with our arrival in the United Kingdom: -

Ashmead & Son, 30, Meadow Street, Avonmouth, Avon. Telephone number: 0272 825160

R.M.S. St. HELENA

BREAKFAST

Fruit Juice: Orange Grapefruit

Compote of Rhubarb

Cereals: Weetabix Shredded Wheat

Rice Krispies Cornflakes

Muesli Bran Flakes Sugar Puffs

Rolled Oats

Assorted Yoghurts

Poached Smoked Cod

Eggs: Fried Turned Boiled Poached

Grilled Bacon

French Toast

Toast Wholemeal Rolls Preserves

Tea Coffee

Tuesday, 21st October, 1986.

R.M.S. St. HELENA

LUNCHEON

Jellied Consomme Golden Pea & Ham

St. Helena Tuna Fish Chutney Boiled Rice

Casserole of Liver Bacon Onion & Tomato
Potatoes: French Fried Nature
Buttered Cabbage Fried Aubergine

Assorted Cold Meats Salad in Season
Dressings: Mayonnaise Vinaigrette
French Blue Cheese
Italian Garlic Thousand Island

Chocolate Sponge Pudding Custard Sauce Ice Cream

Coffee

Cheeseboard

Tuesday, 21st October, 1986.

DINNER

Salmon & Prawn Coulibiac *****

Chicken Consomme

Creme Waldeze

Cold: Vichysoisse

Fried Fillet of Kingklip Tartare

Tournedo Rossini

Casserole of Duckling a l'Orange

Potatoes: Roast

Berny

Broccoli Spears Mixed Vegetables

From the Cold Table

Ox Tongue

Lamb Leg Sirloin of Beef

Roast Chicken

Ham Slice Veal & Ham Pie

Salads: In Season Coleslaw Potato Beetroot

Dressings: Mayonnaise Vinaigrette

French Blue Cheese

Italian Garlic Thousand Island

Creamed Cheesecake Grenadilla Ice Cream

Savoury: Sardines on Toast

Coffee

Dessert Cheeseboard

Tuesday, 21st October, 1986.



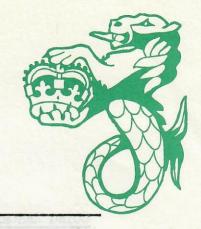
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	Captain R. Wyatt
requests	the pleasure of the company of
	Mr. Mason
in	Chief Engineer's cabin
on	30.10.86
at	7.15 p.m.

. .

RMS St.Helena

Daily Information Leaflet



VOYAGE 47: NORTHBOUND

SUNDAY, 2ND NOVEMBER, 1986 GOOD MORNING

RIG OF THE DAY

The Captain and Officers will wear Red Sea rig during the day, and in the evening, sundown rig.

TODAY'S EVENTS

12 noon PLOUGHMAN'S LUNCH - available in the Lounge as an

alternative to luncheon in the Dining Saloon

2.00 p.m. TELEVISION in the Stern Gallery (reception conditions

permitting)

secondary we be with subject to good BBC WORLD SERVICE NEWS BROADCAST relayed in the Lounge 5.00 p.m.

(reception conditions permitting)

9.00 p.m. BBC TELEVISION NEWS in the Stern Gallery followed by

further television programmes

QUIET NIGHT in the Lounge

BREAKFAST

Breakfast tomorrow morning will be served at the following times:-1st sitting - 7.30 a.m. 2nd sitting - 8.30 a.m.

0.000,000,000

PLEASE RETURN. ..

Cabin keys to the Bureau, games to the Stern Gallery cupboard, and library books to the Library which will be open for the final return of books from 4.30 to 5 p.m. today.

CHARITIES

for promise of the engineers are rendered alterageomic During the voyage the total amount collected for charity was £195.95.

IMMIGRATION

Landing cards will be delivered to your cabins today.

RETURNING PASSENGERS

Passengers returning on the vessel on a future voyage are asked to contact our Head Office well in advance to confirm their return passage. The address is as follows:-

St. Helena Shipping Co. Ltd., The Shipyard, Porthleven, Helston, Cornwall.

Telephone number: 03265 63434

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SAME % MRS EDITH NATOU 339 B WEST BOURNE PACK RO LENDON WII



Reit SUR FACE MAIL

F. P. MASON

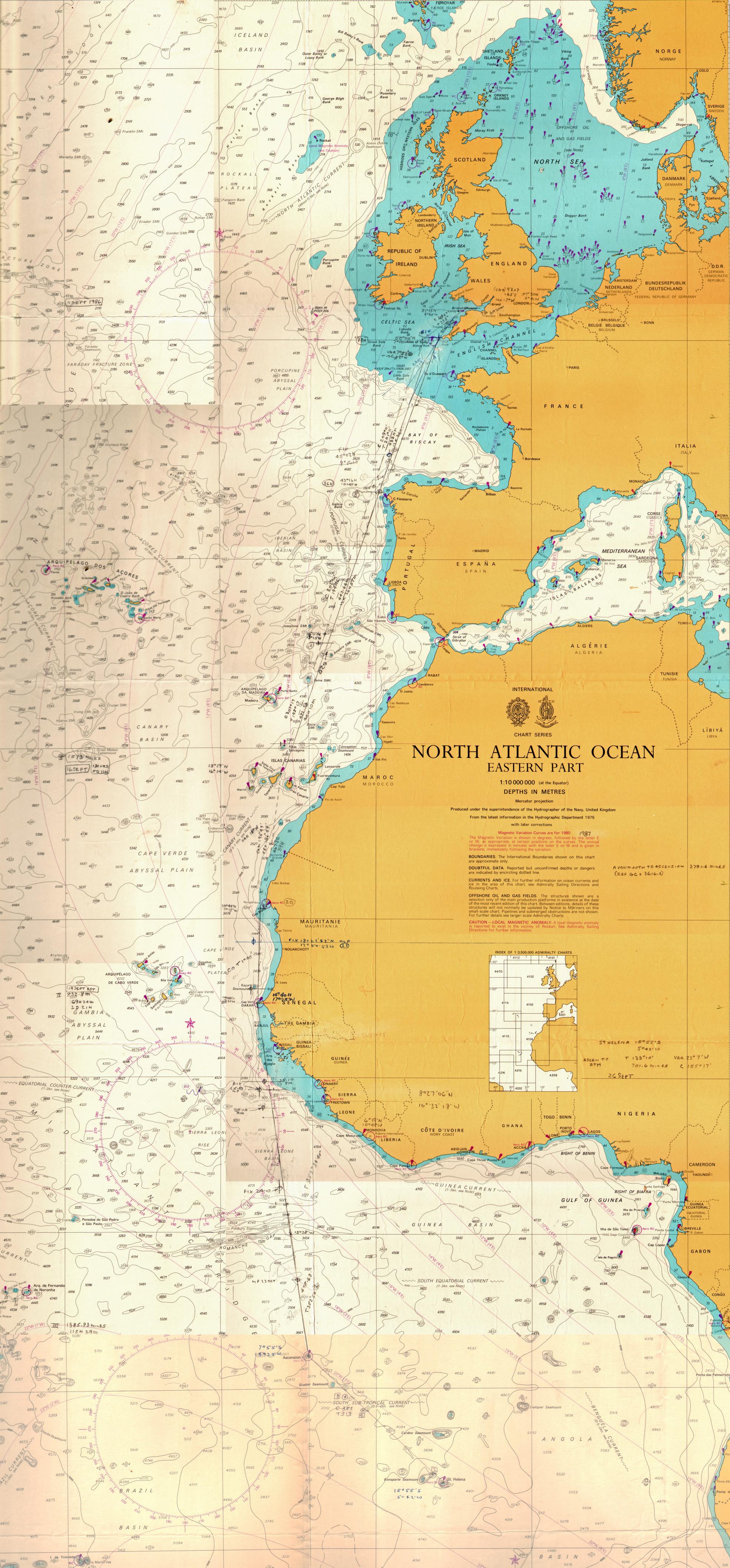
570 SOUTH EDEN CIRCLE
SUIVNYVALE, CA-94086

USA



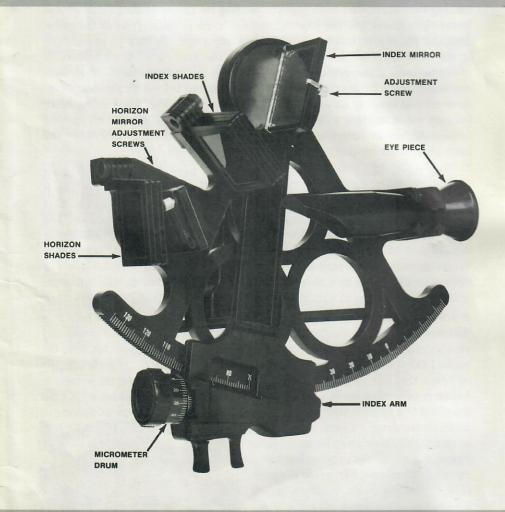








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